## My Mama and the Full-Scale Invasion Resource Guide

### Learn how to support and get involved with the Ukrainian Crisis

## Art Shield is a non-profit connecting theatres in the US and Europe. They are currently raising Art Shield funds to assist Ukrainian arts organizations Website: https://creativeimpacted by the invasion. In addition, they are visions.networkforgood.com/projects/185894working to document the stories of Ukrainians living through this war. art-shield Razom for Ukraine was created during the Razom Website: https://www.razomforukraine.org/ revolution in Ukraine in 2014. Throughout the war, Razom for Ukraine has supported health institutions, held toy drives for children of injured veterans, provided mental health care, and more. To get involved in Razom, you can go to the website and donate. **Ukrainian Women's Fund** The Ukrainian Women's Fund is primarily focused on advancing women's rights and issues in Wesbite: https://uwf.org.ua/en/ Ukraine. During the war, they have focused on providing aid, creating shelters, assisting with refugees, helping women find medical and psychological support, and creating safe information sharing systems. You can donate on their website. United24 United24 is a charity run by the Ukrainian Website: https://u24.gov.ua/ government. They create projects in several different sectors, including defense, medical aid, rebuilding Ukraine, education, science, and humanitarian aid. To support them, you can go to their website and chose which sector to donate to. **United Help Ukraine** Created in 2014, United Help Ukraine is a nonprofit dedicated to providing humanitarian and Website: https://unitedhelpukraine.org/ medical assistance to the people of Ukraine.

## DONATE

# SUPPORT

Contact Elected Officials Website to find your local representative: <u>https://www.house.gov/representatives/find-your-representative</u>	Some calls to action you can urge them to take include supporting funding for Ukraine (especially organizations that support marginalized communities) and supporting countries taking in Ukrainian refugees. You can also urge them to support the bill naming Russia a state sponsor of terrorism. For more information, visit the website below: <u>https://www.state.gov/state-sponsors-of- terrorism/</u>
Sponsoring a Ukrainian Refugee Website: <u>https://www.uscis.gov/ukraine</u>	If you have the resources, you can choose to sponsor Ukrainian refugees. To find out the eligibility requirements and what forms to complete, please reference the website on the left.
Stay Informed These news sources provide reliable updates and infographics on the current situation in Ukraine.	<ul> <li>The Kyiv Independent: <u>https://kyivindependent.com/</u></li> <li>Reuters: <u>https://www.reuters.com/news/archive/ukraine</u></li> <li>Associated Press: <u>https://apnews.com/hub/ukraine</u></li> <li>UKR Pravda News: <u>https://www.pravda.com.ua/eng/</u></li> </ul>
Ukraine House Website: <u>https://www.ukrainehouse.us/</u>	Ukraine House is a space in Washington DC that hosts Ukrainian themed events, including auctions, fundraising events, food tastings, and other projects that help Ukrainians. Through their website, you can find out about their current projects, learn about about other Ukrainian charities, and find out how to best support them.